






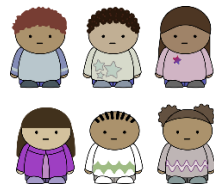



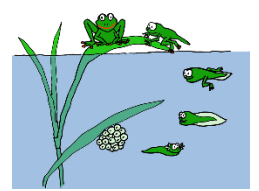


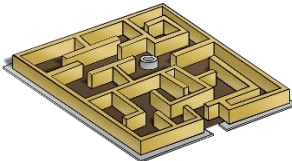
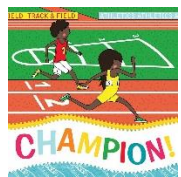

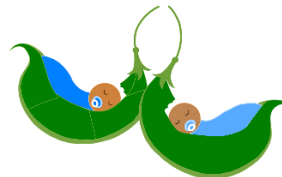
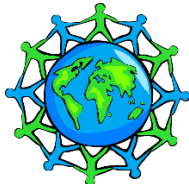

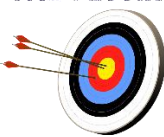

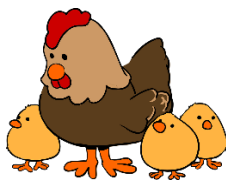
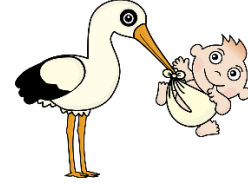











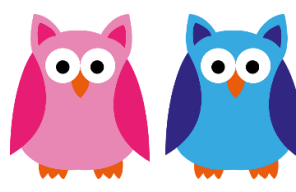


PSHE at Morningside <i>Don't Worry Be Happy!</i>						
Jigsaw brings together PSHE Education, emotional literacy, social skills and spiritual development in a comprehensive scheme of learning. Mindful children can more readily choose their responses to situations rather than react while caught up in the thought-flows and emotions.						
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1						
	<p><b>Being me in my world</b></p> <ul style="list-style-type: none"> <li>• Feeling special and safe</li> <li>• My class</li> <li>• Feeling proud</li> <li>• Consequences</li> <li>• Learning charter</li> </ul>	<p><b>Celebrating difference</b></p> <ul style="list-style-type: none"> <li>• The same as...</li> <li>• Different from...</li> <li>• Bullying</li> <li>• New friends</li> </ul>	<p><b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>• Treasure chest of success</li> <li>• Steps to goals</li> <li>• Achieving together</li> <li>• Overcoming obstacles</li> </ul>	<p><b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>• Being healthy</li> <li>• Healthy choices</li> <li>• Clean and healthy</li> <li>• Medicine safety</li> <li>• Road safety</li> </ul>	<p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>• Families</li> <li>• Making friends</li> <li>• Greetings</li> <li>• People who help us</li> <li>• Being my own best friend</li> </ul>	<p><b>Changing Me</b></p> <ul style="list-style-type: none"> <li>• Life cycles</li> <li>• Changing me</li> <li>• My changing body</li> <li>• Learning and growing</li> </ul>
Year 2						
	<p><b>Being Me in my World</b></p> <ul style="list-style-type: none"> <li>• Hopes and fears</li> <li>• Rights and responsibilities</li> <li>• Rewards and consequences</li> <li>• Learning charter</li> </ul>	<p><b>Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>• Boys and girls</li> <li>• Bullying up</li> <li>• Standing up for myself and others</li> <li>• New friends</li> </ul>	<p><b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>• Goals to success</li> <li>• Learning strengths</li> <li>• Learning with others</li> <li>• Group challenge</li> </ul>	<p><b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>• Being healthy</li> <li>• Being relaxed</li> <li>• Medicine safety</li> <li>• Healthy eating</li> </ul>	<p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>• Families</li> <li>• Keeping safe</li> <li>• Friends and conflict</li> <li>• Secrets</li> <li>• Trust</li> </ul>	<p><b>Changing Me</b></p> <ul style="list-style-type: none"> <li>• Life cycles in nature</li> <li>• Growing up</li> <li>• Changing me</li> <li>• Assertiveness</li> <li>• Looking ahead</li> </ul>

# Curriculum Overview: PSHE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3						
	<p><b>Being me in my World</b></p> <ul style="list-style-type: none"> <li>• Getting to know each other</li> <li>• Our nightmare school</li> <li>• Our dream school</li> <li>• Rewards and consequences</li> <li>• Learning charter</li> </ul>	<p><b>Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>• Families</li> <li>• Family conflict</li> <li>• Witness and feelings</li> <li>• Words that harm</li> <li>• Compliments</li> </ul>	<p><b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>• My dreams and ambitions</li> <li>• A new challenge</li> <li>• Our new challenge</li> <li>• Overcoming obstacles</li> </ul>	<p><b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>• Being fit and healthy</li> <li>• What do I know about drugs</li> <li>• Being safe</li> <li>• Being safe at home</li> <li>• My amazing body</li> </ul>	<p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>• Family roles and responsibilities</li> <li>• Friendship</li> <li>• Keeping myself safe</li> <li>• Global citizenship</li> </ul>	<p><b>Changing Me</b></p> <ul style="list-style-type: none"> <li>• How babies grow</li> <li>• Babies</li> <li>• Body changes</li> <li>• Family stereotypes</li> <li>• Looking ahead</li> </ul>
Year 4			<p><b>GOAL SETTING</b></p> 			
	<p><b>Being me in my World</b></p> <ul style="list-style-type: none"> <li>• Class team</li> <li>• School citizen</li> <li>• Democracy</li> <li>• Rewards and consequences</li> <li>• Our learning charter</li> </ul>	<p><b>Celebrating difference</b></p> <ul style="list-style-type: none"> <li>• Judging by appearances</li> <li>• Understanding influences</li> <li>• Bullying</li> <li>• Problem solving</li> <li>• Special me</li> </ul>	<p><b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>• Hopes and dreams</li> <li>• Broken dreams</li> <li>• Overcoming disappointment</li> <li>• Creating new dreams</li> <li>• Achieving goals</li> </ul>	<p><b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>• My friends and me</li> <li>• Group dynamics</li> <li>• Smoking</li> <li>• Alcohol</li> <li>• Healthy friendships</li> </ul>	<p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>• Relationship web</li> <li>• Love and loss</li> <li>• Memories</li> <li>• Are animals special?</li> <li>• Special pets</li> </ul>	<p><b>Changing Me</b></p> <ul style="list-style-type: none"> <li>• Unique me</li> <li>• Having a baby</li> <li>• Puberty</li> <li>• Circle of change</li> <li>• Accepting change</li> </ul>

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 5						
	<p><b>Being me in my World</b></p> <ul style="list-style-type: none"> <li>• My year ahead</li> <li>• Being me in Britain</li> <li>• Responsibilities</li> <li>• Rewards and consequences</li> <li>• Our learning charter</li> </ul>	<p><b>Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>• Different cultures</li> <li>• Racism</li> <li>• Rumours and name calling</li> <li>• Types of bullying</li> <li>• Does money matter?</li> </ul>	<p><b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>• When I grow up</li> <li>• Jobs and careers</li> <li>• My dream job</li> <li>• Other cultures</li> <li>• Supporting each other</li> <li>• Rallying support</li> </ul>	<p><b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>• Smoking</li> <li>• Alcohol</li> <li>• Emergency aid</li> <li>• Body image</li> <li>• Food</li> </ul>	<p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>• Recognising me</li> <li>• Getting on and falling out</li> <li>• Relationships</li> <li>• Technology</li> <li>• Social media</li> </ul>	<p><b>Changing Me</b></p> <ul style="list-style-type: none"> <li>• Self &amp; body image</li> <li>• Puberty</li> <li>• Conception</li> <li>• Looking ahead to Year 6</li> </ul>
Year 6						
	<p><b>Being me in my World</b></p> <ul style="list-style-type: none"> <li>• My year ahead</li> <li>• Global citizens</li> <li>• Learning charter</li> </ul>	<p><b>Celebrating Difference</b></p> <ul style="list-style-type: none"> <li>• Am I normal?</li> <li>• Understanding disability</li> <li>• Power struggles</li> <li>• Why bully</li> </ul>	<p><b>Dreams and Goals</b></p> <ul style="list-style-type: none"> <li>• Personal learning goals</li> <li>• Steps to success</li> <li>• My dream for the world</li> <li>• Making a difference</li> </ul>	<p><b>Healthy Me</b></p> <ul style="list-style-type: none"> <li>• Food</li> <li>• Drugs</li> <li>• Alcohol</li> <li>• Emergency aid</li> <li>• Emotional &amp; mental health</li> </ul>	<p><b>Relationships</b></p> <ul style="list-style-type: none"> <li>• My relationship web</li> <li>• Love and loss</li> <li>• Power and control</li> <li>• Being safe with technology</li> </ul>	<p><b>Changing Me</b></p> <ul style="list-style-type: none"> <li>• My self-image</li> <li>• Puberty</li> <li>• Girl/boy talk</li> <li>• Babies: conception to birth</li> <li>• Attraction</li> <li>• Secondary school transition</li> </ul>